



Relationships and Sexuality Policy

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1. Supporting Documents

- [The Curriculum for Wales – Relationships and Sexuality Education Code \(2021\)](#) (Update 2022)
- [Curriculum and Assessment \(Wales\) Act 2021](#)
- [The Right Way – A Children's Rights Approach to Education in Wales](#)
- Thinking positively: Emotional health and well-being in schools and Early Years settings 2010
- Well-being of Future Generations (Wales) Act 2015
- Keeping Learners Safe 2002 (Updated March 2022)

2. Introduction

The Welsh Government and Mynydd Haf School believe that all young people should have the right to access information that keeps them safe from harm. This includes learning about healthy relationships, keeping safe including online, and being confident to raise issues with responsible adults.

The teaching of RSE is a statutory requirement for Mynydd Haf School. In September 2021, Welsh Government provided 'The Curriculum for Wales – Relationships and Sexuality Education Code (2021)' setting out the phases, strands and expectations of what schools in Wales would teach pupils while emphasizing it must be inclusive and reflect the diversity of our school community and beyond. It includes learning that develops pupils' awareness and understanding of different identities, views and values and a diversity of relationships, gender and sexuality, including LGBTQ+ lives and delivered without bias in a trauma informed approach with regard to pupils' experiences and emotional development.

3. Aim/Scope

Relationships and sexuality education is a partnership between schools and parent/carers . Mynydd Haf School has consulted with pupils and parents to ensure that this policy meets the



needs identified and reflects the community it serves. The policy will be reviewed annually in consultation with parents. Parents/carers are consulted on strands upcoming in the curriculum and provide feedback on their views on their child's development and requirements from the phases.

Students are made aware of the existence of this policy when joining Mynydd Haf School and have open access to it.

In delivering RSE, Mynydd Haf School adopts five key principles:

1. Regular lessons on the timetable where appropriate
2. Delivered as a whole subject as well as on a 1:1 key working session (as appropriate)
3. Delivered by DSO trained Teachers
4. Delivered to all pupils at Mynydd Haf School
5. Taught to all pupils across Key stage 3 and 4 in an accessible manner to individual pupils' abilities and development

4. Abbreviations and Definitions

RSE – Relationships and Sexuality Education

DSO – Designated Safeguarding Officer

5. Policy Content

Curriculum Content and Sequencing

The content is set within the context of broad and interlinked learning strands, namely:

- relationships and identity
- sexual health and well-being
- empowerment, safety and respect.

These strands support us to develop a curriculum tailored to our pupils, making connections and developing authentic contexts for learning across the curriculum.

Mynydd Haf School is committed to covering the following themes in RSE: relationships; rights and equity; sex, gender and sexuality; bodies and body image; sexual health and well-being; and violence, safety and support. These themes are interwoven into the learning strands.

Across the learning strands, curriculum content in RSE is inclusive and reflects diversity of our school community and beyond. It includes learning that develops pupils' awareness and understanding of different identities, views and values and a diversity of relationships, gender and sexuality, including LGBTQ+ lives.



Learning about rights and equity runs through all the strands, as well as embedding learning and experience through a rights-based approach to the learning.

Our RSE curriculum is developmentally appropriate for our pupils and takes into account of a range of factors including the learner's emotional and chronological age; knowledge and maturity; any additional learning needs, including ACE's and prior experienced / witnessed abuse and anticipating their physiological and emotional development. RSE curriculum is developmentally appropriate for each learner, meaning that pupils' needs of similar ages may differ.

The progression phases build understanding alongside all other areas of Mynydd Haf School's six areas of learning and our Social and Emotional Curriculum. The phases have been outlined in the [Curriculum for Wales – Relationships and Sexuality Code, 2021](#)

For example, in phase 1 and 2, pupils will be taught about the principles of general consent as pre-requisites for learning about sexual consent at the developmentally appropriate time in phase 3.

The learning for RSE at Mynydd Haf School refers to both what is taught expressly and what is embedded throughout the curriculum and in the school environment through the whole school approach.

Parents Right to Withdraw

RSE is a mandatory requirement in the Curriculum for Wales for all pupils from age 3 to 16 ("the Act"). This means that all pupils must receive this education. There is no right to withdraw from RSE in the new Curriculum for Wales

6. Responsibilities

- Head Teacher, Teachers, Tutors, Exam Officers

7. Training Requirements

Where appropriate Head Teacher will ensure that familiarisation with this policy is a part of the induction process for all employees.

8. Equality Impact Statement

All relevant persons are required to comply with this policy and must demonstrate sensitivity and competence in relation to diversity in race, faith, age, gender, disability and sexual orientation. If you, or any other groups, believe you are disadvantaged by this policy please contact the Headteacher. Keys Group will then actively respond to the enquiry.